

TELEHEALTH FOR MORE THAN CORONAVIRUS CARE

As Americans follow stay-at-home orders and limit exposure to others, health officials and medical practitioners alike are encouraging patients to use telehealth services unless they are in need of critical care.

Offering a broad range of services from primary care, to remote monitoring – including blood pressure, fetal health, diabetes and virtual ICUs – to behavioral health and treatment for addiction, utilizing telehealth allows patients to receive the care they need without unnecessary risk of exposure, further spreading of COVID-19 or additional strain to the healthcare system.

TELEHEALTH TODAY



increase in physician adoption of telehealth from 2015-2018¹



of U.S. hospitals have remote patient monitoring capabilities²



of patients are comfortable communicating with a medical professional via text, email or video³



of the nation's largest employers (500 or more employees) provide coverage for telehealth⁴

On March 19, all 36 locally based, independently operated BCBS companies and the Blue Cross and Blue Shield Federal Employee Program[®] announced expanded coverage for telehealth services for 90 days. Also, the recently enacted CARES Act⁵ includes a provision for coverage of telehealth visits with no deductible for both COVID-19 related services and those not related to the virus.

Sources:

- 1. American Well survey https://www.healthcaredive.com/news/physician-telehealth-use-up-340-since-2015-survey-finds/552890/
- 2. American Hospital Association. "Fact Sheet: Telehealth" https://www.aha.org/system/files/2019-02/fact-sheet-telehealth-2-4-19.pdf
- 3. American Hospital Association. "The Promise of Telehealth for Hospitals, Health Systems and Their Communities. https://www.aha.org/system/files/research/reports/tw/15jan-tw-telehealth.pdf
- 4. America's Health Insurance Plans. "Connecting Consumers to Care Everywhere" https://www.ahip.org/wp-content/uploads/lB_Telehealth-031219.pdf
- 5. Coronavirus Aid, Relief and Economic Security Act